

GRACE LAKE MINISTRIES 2022 IMPACT REPORT

Our Mission is to partner with horses to develop life skills and God centered wholeness for those with diverse physical, developmental, and emotional needs.

Our Ministry is a God centered program. Our goal is to provide Equine Assisted Services that facilitate the development of wholeness into the lives of the people that we serve. We believe that wholeness begins by knowing and following Jesus Christ.



ADAPTIVE RIDING

improves daily life functioning through riding skills for those with diverse cognitive, developmental, and physical needs.



EQUINE ASSISTED PHYSICAL THERAPY

optimizes age-appropriate independence and safety to achieve full participation in life for those with movement and sensory dysfunction.



GROUNDWORK CONNECTION

develops emotional awareness and regulation to achieve healthy interpersonal relationships and improve daily functioning.

2022 PARTICIPANT IMPACT REPORT



PHYSICAL

96% of participants report improvement in physical abilities.



EMOTIONAL

97% of participants report improvement in emotional/mental health.



SPIRITUAL

100% of participants report a spiritual impact on their family.



About Our Participants



41%



59%



81%
below
18 years



19%
18 years
& over

19 different diagnoses

Including Autism, Cerebral Palsy, Traumatic Brain Injuries, trauma, Down Syndrome, Attention Deficit Disorder, depression

From
counties of
Collin, Fannin,
Hunt, Dallas,
Tarrant, and
Grayson

2022 ADAPTIVE RIDING SURVEY RESULTS

Confidence	100% of participants report Adaptive Riding has increased the number of things they're good at doing.
Social Skills	91% of participants report Adaptive Riding has had a positive influence on their social skills development.
Physical Ability	91% of participants report Adaptive Riding has made important improvements in their physical ability.



"My boys went from the trauma causing them to be so fearful to confidently trotting on their own! Thank you for being part of the healing process God uses to build back my boys' confidence, security and joy."



"My son has grown greatly in his verbal communication. Watching his growth from uncertainty to excitement to get on Snickers every week and to hear him verbally giving cues and talking with his team has been a joy to watch."

2022 EQUINE ASSISTED PT SURVEY RESULTS

Mobility	100% of participants report Equine Assisted Physical Therapy has increased their balance, gross motor skills, coordination, and muscle strength.
Independence	71% of participants report Equine Assisted Physical Therapy has had a significant impact on their ability to function independently.
Daily Function	83% of participants report Equine Assisted Physical Therapy has improved their daily function.



"My son is starting to warm up to people other than family, His speech has improved, along with core strength. He does not get tired as fast."



2022 GROUNDWORK CONNECTION SURVEY RESULTS

Regulation	100% of participants report Groundwork Connection has had a positive influence on their ability to better focus.
Healthy Relationships	100% of participants report Groundwork Connection has improved their ability to work with others.
Independence	100% of participants in Groundwork Connection report making better decisions and taking more initiative.



"My daughter just has such peace when she's out there!"

"My boys have had so much joy restored, and this program has been a stable influence. They feel safe and welcome. That's huge! They not only feel everyone is happy to see them, they feel safe to grow and learn at Grace Lake."

