

# Grace Lake Ministries

Quarterly Newsletter 2021

Issue 3

[www.gracelakeministries.org](http://www.gracelakeministries.org)

## Rider Spotlight

This month we introduce you to two brothers, Levi and Benji who have seen a profound difference in their physical and emotional lives even in their first session at Grace Lake. Both brothers ride in a group lesson and love bonding with others and with their horses, Chewy



and Romeo. Their favorite game is red light, green light where the riders must stop their horses when the PATH (Professional Association of Therapeutic Horsemanship) instructor says red light or go back to the starting line if they did not stop in time. Their mom says Levi and Benji “are learning, growing, and healing through fun.”

The loyal and kind-hearted brothers have gained a sense of control in their lives and a new confidence. Their mom noted, “They have no more fearful timidness. They have better confidence, are sleeping better, getting along better, and are happier and delighted with life.”



### Important Dates

9/21/21 ~Fall Session Begins

9/23/21~Targets for Christ  
Skeet Shoot Fundraiser

9/23/21~North Texas Giving  
Day

[Online Calendar Link](#)

### Volunteer Needs

Do you like horses and helping others? Can you spare an hour a week? We are needing volunteers for the following times:

Wednesdays 5:00-6:00 pm

Wednesdays 6:00-7:00 pm

Saturdays 9:30-10:15 am

Email  
[admin@gracelakeministries.org](mailto:admin@gracelakeministries.org)

Physically, the boys have a better posture and are sitting straighter.

Benji and Levi's mom explains that learning to lead a horse has given them that sense of control and courage. A previous experience left them with anxiety and uncertainty but the lessons learned at Grace Lake have given them "a firm place to stand and are now healing and trusting God. God is using Grace Lake to help heal them and bring them joy. Seeing what a positive, emotional impact Grace Lake has is immeasurable and priceless to me."

Calling Grace Lake, God's little horse farm, their mom says, "You will be pleasantly surprised at the benefits and blessings that come from therapeutic horse riding. It truly is worth its weight in gold. The people, the horse, and this place are a true blessing."

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## North Texas Giving Day

Thank you for your generous contributions that totaled over \$18,000 for North Texas Giving Day 2020! We are grateful for your support.

At Grace Lake, we offer unique opportunities for growth through our Equine-Assisted Services in a safe, fun, Christian environment. As a result of your support, we have started 2 new programs over the past year, in addition to our established Adaptive Riding program. These 2 new services include Equine-Assisted Physical Therapy and Groundwork Connection. Here are some of the benefits of Equine-Assisted Services reported through our annual participant survey:

- Physical – Improved balance, better coordination and better sensory integration (input from all five senses)
- Psychological – Higher self-confidence, self-discipline, emotional control and overall sense of well-being
- Social – Positive interactions with people and animals, friendships with peers and better ability to read social cues
- Educational – Better visual and spatial perception, greater listening skills and improved focus

With your support, we can continue to help our participants master life skills that will serve them throughout their lives. This year you can make your gift early beginning September 1 through September 23. When you donate to Grace Lake on [NorthTexasGivingDay.org](http://NorthTexasGivingDay.org), your dollar will be stretched with

**Grace Lake staff enjoyed attending the PATH Intl. Region 8 Conference held in Texarkana. Keeping up-to-date on industry standards is important to us!**



L to R-Holly Robinson-Executive Director, Debbie Lewis-Instructor, Shelley Egger-Volunteer Coordinator, Nikki Sereika-Instructor, Cindy Long-Instructor, Krista Aguilar-Instructor

thousands of dollars in matching funds, plus bonus funds and prizes raised by Communities Foundation of Texas! <https://www.northtexasgivingday.org/grace-lake-therapeutic-horsemanship-program>

Thank you for your continued support so that we can continue the mission that was started 17 years ago!



## Targets for Christ

It's not too late to sign up for The Targets for Christ 2021 Wild West Skeet Shooting Fundraiser! [Register Now!](#)

This event benefiting Grace Lake, will be on Thursday, September 23rd, at Elm Fork Shooting Sports in Dallas, Texas. If you are interested in becoming a sponsor or being a part of a team participating in this skeet shooting fundraiser event, contact Holly Robinson at [director@gracelakeministries.org](mailto:director@gracelakeministries.org) or call (972)837-4621.



Grace Lake has been able to add our newest staff member Ainsley as Barn Coordinator.

Ainsley began volunteering for Grace Lake in 2015 during the first season of Barn Ambassadors and hasn't stopped since. Her passion for people with special needs began when her parents adopted her brother Zeb, who has Down Syndrome, from Russia 10 years ago. Her new position at Grace Lake combines all of her passions (serving others, special needs, and horses) into one ideal job.

Thank you to all of our generous donors. You are

09.23.2021

# 12th Annual TARGETS FOR CHRIST WILDWEST SHOOTOUT

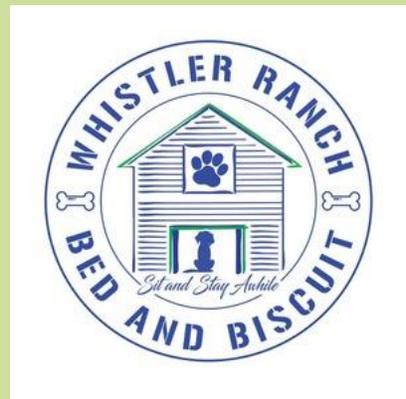
BENEFITTING  
**Grace Lake Ministries**  
 Horses, Hope & Healing.

**Location:**  
 Elm Fork Shooting Sports  
 10751 Luna Road, Dallas, TX 75220

**Schedule:**  
 12:00-1:00 pm.....Registration/Lunch  
 1:00-1:30 pm.....Grace Lake Presentation  
 1:30-3:30 pm.....Sporting Clay Competition  
 3:30-4:00 pm.....Shotgun Golf  
 4:00-5:00 pm.....Awards / Hors D'oeuvres

making a difference!!

THANK YOU [Whistler Ranch Bed and Biscuit](#) for supporting Grace Lake by being a Targets for Christ sponsor!



You are making a difference when you select Grace Lake as the charity of your choice when using Amazon Smile for your purchases! It really does add up and make an impact.

Thank you to everyone that has selected Grace Lake and for those that would like to, we are listed as Grace Lake Ministries, Inc in Anna, TX.

Grace Lake Ministries Inc  
 has received as of August 2021  
**\$790.38**

<p><b>Platinum: \$20,000</b></p> <ul style="list-style-type: none"> <li>Bird Hunt at 10-2-4 Ranch in Commerce, TX (3 people)</li> <li>Title Sponsor receives a unique gift</li> <li>Two 4-shooter teams</li> <li>Prominent signage at the entry, pavilion and courses</li> <li>Recognition during awards presentation</li> </ul>	<p><b>Gold: \$10,000</b></p> <ul style="list-style-type: none"> <li>Bird Hunt at 10-2-4 Ranch in Commerce, TX (2 people)</li> <li>Title Sponsor receives a unique gift</li> <li>Two 4-shooter teams</li> <li>Prominent signage at the entry, pavilion and courses</li> <li>Recognition during awards presentation</li> </ul>
<p><b>Silver: \$5,000</b></p> <ul style="list-style-type: none"> <li>Bird Hunt at 10-2-4 Ranch in Commerce, TX (1 person)</li> <li>Title Sponsor receives a unique gift</li> <li>One 4-shooter team</li> <li>Prominent signage at the entry, pavilion and courses</li> <li>Recognition during awards presentation</li> </ul>	<p><b>Bronze: \$2,500</b></p> <ul style="list-style-type: none"> <li>Title Sponsor receives a unique gift</li> <li>One 4-shooter team</li> <li>Prominent signage at the entry, pavilion and courses</li> <li>Recognition during awards presentation</li> </ul>

## TARGETS FOR CHRIST

SPONSORSHIP

**Team Registration Form:** Individual: \$500

Sponsoring Business \_\_\_\_\_

Main Contact Person \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

All sponsorship levels include ONE team of 4 shooters.  
Platinum and Gold sponsorships include up to TWO teams of 4 shooters each.

<p><b>Team # 1:</b></p> <p>(select a team name, or the name of the sponsoring business will be used)</p> <p>1. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>2. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>3. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>4. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p>	<p><b>Team # 2:</b></p> <p>(select a team name, or the name of the sponsoring business will be used)</p> <p>1. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>2. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>3. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p> <p>4. _____ <input type="checkbox"/> 12 Gauge <input type="checkbox"/> 20</p>
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**Individual:**  12 Gauge  20

**Sponsorship Level**

Platinum \$20,000

Gold \$10,000

Silver \$5,000

Bronze \$2,500

Individual \$500

**REGISTER NOW!**

www.TargetsForChrist.org  
or mail form & payment to:  
Targets For Christ  
PO Box 1070  
McKinney, TX 75070

**CALL\*TEXT\*EMAIL J. MART ARMSTRONG WITH ANY QUESTIONS**

**972-768-9128 OR JARMSTRONG@TACTAX.COM**

John 16:33-I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

Grace Lake's mission is to provide Equine-assisted Services to people with disabilities and others in need of hope and healing in a Christian environment.