



Issue 1 2019

Grace Lake Ministries Newsletter

Thank you Donors!

On behalf of the Grace Lake staff and Board of Directors, we are fortunate to see God at work in the lives of our riders at Grace Lake. It is a blessing to be on the front lines to experience “horses, hope, and healing.” At this time, we would like to take a moment to thank our donors of 2018 for making it possible.

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In honor of Krista Aguilar's birthday~5 anonymous donors

In honor of Trevor O'Connor's birthday~Clayton and Kimberly Johnson, Wallis N. O'Connor and 5 anonymous donors

In honor of Holly Robinson's birthday~Robert and Amy Hudnall, Jill Lynn, John and Joette Matthews, Jason and Heather McDonald, Siobhan Pederson, Terri Robinson, Brent and Liz Strange

In honor of Kyle Robinson's birthday~Gary and Linda Clifton, Siobhan Pederson, and 8 anonymous donors



Rider Spotlight

Ryann is a kind and empathetic young lady. She has been riding at Grace Lake for one year on Onyx. She enjoys her individual lessons, playing basketball, and just being with Onyx.

Ryann has had physical and emotional benefits from therapeutic riding. She has gained better posture from a stronger core and increased confidence. Her mom's favorite benefit from therapeutic riding is the smile it puts on her face. Her mom believes her ADHD is more controlled and her anxiety is less. She is "more outgoing, talkative, and empathetic" since starting

therapeutic riding. The tools she learns while riding have helped her process her feelings and emotions so much better over the past year. When she started riding, she was dealing with intense grief, and riding has helped her process through those emotions in a beneficial way.

Ryann rode in the Grace Lake Horse Show last May with Ashok by her side. Though she was nervous, she performed beautifully and was incredibly proud of her accomplishments. "I highly recommend Grace Lake to friends," says Ryann's mom, "who are looking to help their kids with anxiety and struggles." She continues to sum up Grace Lake beautifully, "This is a place of hope and healing. God uses these amazing horses and the wonderful instructors to bring change in the physical and emotional well-being of children."



Onyx is Retired!

We are excited to announce Onyx's retirement from service at Grace Lake. This beautiful black Tennessee Walking Horse gelding began his role as a therapy horse at Grace Lake in 2011. In that time, he impacted the hearts of countless riders and volunteers with his caring and cooperative spirit.

Onyx will be spending his days on a beautiful farm with hundreds of acres of

grass in a loving home. And if that's not enough.....He is back with his best buddy Doc!

Thank you Jan Forsyth for providing Horse Heaven for our faithful therapy horses!



A big THANK YOU to our volunteer Cynda Felini for writing the Rider Spotlight!!

