



## Physician's Assessment and Health History

~~To be completed by Physician~~

Clients Name: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Date of last tetanus shot: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Primary: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Secondary: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Other: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Past/Prospective Surgeries (include dates and reasons): \_\_\_\_\_

Medications: \_\_\_\_\_

Shunts, Implants: \_\_\_\_\_

Mobility: Independent Ambulation: \_\_\_\_ YES \_\_\_\_ NO Assistive Devices: \_\_\_\_\_

**As thoroughly as possible, please indicate current or past difficulties/symptoms in the following systems/areas that apply including surgeries.**

Area	No	Yes	Degree/Comments
Auditory			
Visual			
Speech			
Tactile/Sensory			
Cardiac			
Circulatory			
Pulmonary			
Integumentary/Skin			
Immunity			
Neurologic			
Muscular			
Orthopedic			
Bowel/Bladder			
Learning Disabilities			
Cognitive			
Emotional/Psychological			
Behavior			
Other			



Clients Name: \_\_\_\_\_

*For those with Down Syndrome:* AtlantoDens Interval X-rays, date: \_\_\_\_\_ Results: + --

Neurological Symptoms of AtlantoAxial Instability: \_\_\_\_\_

### Seizure Disorder Participants

The following information is require for clients with Seizure Disorders. Would you consider this person's seizures to be:

Completely Controlled

Very well controlled

Fairly controlled by medication

Type of seizure: \_\_\_\_\_

Typical aura: \_\_\_\_\_

Typical motor activity during seizure: \_\_\_\_\_

Duration of seizure: \_\_\_\_\_

Current frequency of seizures: \_\_\_\_\_

Date of last seizure: \_\_\_\_\_

Description of client's behavior during post-ictal state: Post-ictal state duration: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

To my knowledge, there is no reason why this person cannot participate in supervised equine activities. However, I understand that Grace Lake will weigh the medical information above against the existing precautions and contraindications.

Name/Title: \_\_\_\_\_ MD DO NP PA Other \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_



# Grace Lake Ministries

Clients Name: \_\_\_\_\_

Your patient is interested in participating in supervised equestrian assisted activities. In order to safely provide this service, our center requests that you complete the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contradictions to equine activities. Therefore, when completing the attached form please note whether these conditions are present, and to what degree.

## **Orthopedic**

Atlantoaxial instability- include neurological symptoms  
Coxa Arthritis  
Cranial Defects  
Heterotopic ossication/Myositis Ossificans  
Osteoporosis  
Pathological Fractures  
(i.e. RA, MS)  
Spinal Joint Fusion/Fixation  
Spinal Join Instability/Abnormalities

## **Neurologic**

Hydrocephalus/Shunt  
Seizure  
Spina Bifida/Chiari II malformation  
Tethered Cord/Hyropmyelia

## **Other**

Age – Under 4 Yrs. old  
Indwelling Catheters/Medical Equipment  
Medication – i.e. photosensitivity  
Poor Endurance  
Skin Breakdown

## **Medical/Pathological**

Allergies  
Animal Abuse  
Cardiac Conditions  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to self and others  
Exacerbatation of medical conditions  
  
Fire Settings  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorders

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact Grace Lake Ministries.



## Rider's Application and Health History

### GENERAL INFORMATION

Rider: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender M F

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Employer/School: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_

How did you hear about the program? \_\_\_\_\_

In the event of an emergency, contact:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

### HEALTH HISTORY

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Y	N	Comments
Vision			
Hearing			
Sensation			
Communication			
Heart			
Breathing			
Digestion			
Elimination			
Circulation			
Emotional/Mental Health			
Behavioral			
Pain			
Bone/Joint			
Muscular			
Thinking/Cognition			
Allergies			



**MEDICATIONS** (include prescription, over-the-counter; name, dose, and frequency) \_\_\_\_\_

Describe your abilities/difficulties in the following areas (include assistance required or equipment needed):

**PHYSICAL FUNCTION** (i.e. Mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

**PSYCHO/SOCIAL FUNCTION** (Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns/etc.) \_\_\_\_\_

**GOALS** (i.e. Why are you applying for participation? What would you like to accomplish?) \_\_\_\_\_

**LIABILITY RELEASE**

\_\_\_\_\_ (Rider's Name) would like to participate in the Grace Lake Ministries Horsemanship Program. I acknowledge the risks and potential risks of horseback riding. However, I feel that the possible benefits to myself/my son/my daughter/my ward are greater than the risks assumed. I hereby, intending to be legally bound, for myself, my heirs, and assigns, executors or administrators, waive and release forever all claims for damages against Grace Lake Ministries, its Board of Directors, Instructors, Therapists, Aids, Horse Owners Volunteers and/or Employees for any and all injuries and/or losses I/my son/my daughter/my ward may sustain while participating in Grace Lake Ministries Horsemanship programs.

**WARNING** – *Under Texas law (Chapter 87, Civil Practice and Remedies Code), an equine professional is not liable for an injury to or the death of a rider in equine activities resulting from the inherent risks of equine activities.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Rider, Parent, Legal Guardian

**PHOTO RELEASE**

I DO  
DO NOT

Consent to and authorize the use and reproduction by Grace Lake Ministries of any and all photographs and any other audio/visual materials taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Rider, Parent, Legal Guardian