

ELIGIBILITY GUIDELINES

Age: Must be at least 5 years of age. There is no maximum age.

Weight Maximums: 150lbs.

Postural Control: Riders must be able to maintain a sitting position by holding on with one hand on a moving horse; and rider must be capable of bearing their own weight while standing.

Behavior: Inappropriate, unsafe or disruptive behavior or any condition where the rider is harmful to him/herself or others is a contraindication to therapeutic riding.

NEW RIDER PROCEDURES

1. Complete the two forms included in the Rider Paperwork. One of these forms is a **Physician's Assessment**. All therapeutic riders must have a signed and dated statement from their doctor.
2. Mail the Rider Paperwork to Grace Lake or email to gracelake@dfwair.net.
3. When the Rider Paperwork is received in Grace Lake's office, an instructor will contact you to schedule a **Rider Evaluation**. Each potential rider will receive an initial evaluation by a PATH Intl. Certified Instructor. Based on the evaluation, the rider's medical reports, and the PATH Intl. Precautions and Contraindications, the client will be advised if therapeutic riding is recommended.